



CORNISH
PIRATES
In The Community

Confidence

Connection

Competence

Creativity

Core Values

Character

Commitment



Cornish Pirates Rugby Camps Summer 2017

Find The Buried Treasure On The Journey
Of The 'SEVEN Cs' (Rugby And Life Skills)
At Cornish Pirates Rugby Camps

21st of August - Truro Rugby Club

23rd of August - Penwith College

For Age 8/11

What Do I Need To Bring?

- Boots (football/rugby)
- Gum-shield
- Packed lunch
- Appropriate rugby kit; socks, shorts and 2 training tops
- If it's a cold wet day (warm jumper, rain jacket)
- Or a hat in case of hot weather (please apply sun screen before camp)
- Plenty of Water

Schedule For The Day

09:30/10:00 Drop-Off & Registration

10:00/12:00 Rugby Coaching

12:00/13:00 Lunch (Healthy Living Activity)

13:00/15:00 Rugby Coaching

15:00/15:15 Presentations Q&A with
Cornish Pirates players

15:15 Pick-Up

Age Groups: 8 /11

Cost: £30 Inc: VAT

Dates & Venues

- August 21st Truro Rugby Club
- August 23rd Penwith College

If You Have any Questions Please call:
Sam Teasdale
Community Engagement Manager
Email: community@cornish-pirates.com
Tel :07889 536 861



The Cornish Pirates Rugby camps will ensure that all children find the buried treasure (rugby and life skills) along the journey of the 'SEVEN Cs'

Sessions Include

- Fun developmental games for teamwork and confidence for the camp
- Handling – the basic fundamentals and the need to vary the pass to the situation
- Tagging/Tackling techniques – introduction of contact skills and how to be effective yet remain safe and within the rules of the game
- Breakdown management – to gain an understanding of this complex part of the game and how to be effective to generate quick ball/turn overs
- Decision making – to be able to identify space/opportunities to express themselves in attack
- Positional structure – understanding the requirements of their positions and what is needed to play a significant role within the team
- Unit Skills - Forwards and Backs Skill Sets

21st of August - Truro Rugby Club
23rd of August - Penwith College

From 09:30/15:15 Cost £30

Summer Camp Application Form:

Truro Rugby Club
21st August 2017
09:30/15:15
Cost: £30

Select

Penwith College
23rd August 2017
09:30/15:15
Cost: £30

Both Camps: £60

Child Name:

DOB:

M

F

Parent/Guardian Name:

Contact No:

Collection Password (To be used at pick up):

Any health problems or medical issues:

Payment Method: £30/£60 cheque Or a
phone payment on Tel: 01736 331961
(Monday to Friday 9am/12 noon).

Make cheques payable to: Cornish
Pirates.

**APPLICATION FORM TO BE SENT WITH
THE CHEQUE – IF PHONE PAYMENT IS
CHOSEN THE APPLICATION FORM STILL
NEEDS TO BE SENT.**

Cheques and application forms to be addressed to:
FAO Community,
Cornish Pirates, Westholme, Alexandra Road, Penzance,
Cornwall, TR184LY

Refunds only issued if Cornish Pirates cancel the entire course.

Signed: Parent/Guardian

Date: